

STARS 'N' STRIPES

THE RESIDENT NEWSPAPER OF THE IOWA VETERANS HOME

By the residents, for the residents.

MISSION STATEMENT:

"To disseminate information regarding veterans care, entertainment and goodwill."

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Publication by residents of the Iowa Veterans Home,

Marshalltown, Iowa 50158

IOWA: The Severe Weather State

By Staff Writer

Severe weather started in the winter and just keeps continuing on and on. It is because of the heated water in the Gulf of Mexico.

Well, it started with the F5 tornado in Parkersburg and followed with weeks and weeks of storm warnings. Those of us in Heinz Hall spent two nights in a row in the tunnel.

Then came the 500 year flood that devastated Cedar Rapids and Iowa City along with the surrounding smaller towns. The Wapsipinicon River flooded Anamosa and Jones County. The Cedar River caused the Cedar Rapids flood. The Iowa River caused the Iowa City Flood.

The amount of crop insurance paid out in the 1993 flood was \$293 million. This latest flood will cause payouts of over one billion!! For all you old farmers, did you ever in your life dream that corn would be \$7.00 per bushel and soybeans \$14 per

bushel? One kernel of corn along with a soybean could buy a new car!

The devastation to Iowa City and Cedar Rapids will be in the billions. Iowa City will especially be hurt because it does not have the slope that Cedar Rapids has thus the water will be standing for 30 days or more. The University of Iowa really took it on the nose with 15 East Campus buildings flooded including Hancher Auditorium and the Fine Arts Building

Cedar Rapids had a major railroad bridge at the Penford plant sink along with 20 railroad cars being used to stabilize it. Penford Corn Starch and Quaker Oats are world wide industries. Relying on the repair of a massive railroad bridge will be 1 year or more forcing these companies to go to trucks. Well, there are good people every where in the USA. Mississippi remembered Iowans during Katrina and sent a truck load of supplies!

These are random flood pictures of the Iowa River by the Bike Path at Riverview Park and Highway 14

Photos by Sue Sumpter



Looking north from the Bike Path at Riverview Park



Looking northeast on Highway 14



Highway 14 looking southeast towards Riverview Park



Highway 14 between the 2 bridges looking southwest



Highway 14 north

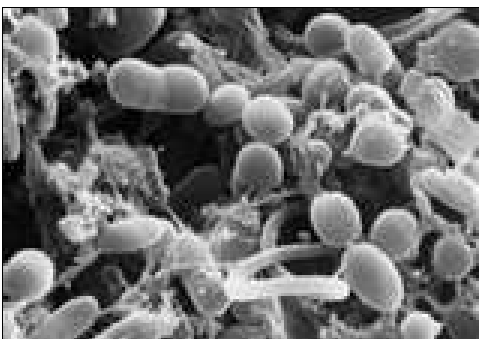
Germs Everywhere

The following information was provided by Web MD

1. 64% think public restroom doorknobs have more germs than a ATM machine, but a typical ATM has been proven to have more germs because of the number of dirty hands that touch each of these items.
2. 75% think that the toilet seats in fast food restaurants have the most germs- but airplane toilet seats are worse.
3. 76% assumed that Port-A-Potties were off the germ wise list, but picnic tables actually have more germs.
4. At home the kitchen sink is one of the places with the most germs.
5. The dishcloth, toilet bowl ,garbage can, refrigerator, and the bathroom doorknob are also high on the germ list.
6. One's workplace the phone receiver, the computer keyboard, and elevator buttons are also on the workplace top-germ covered list.

7. In public places, playground equipment, escalator handrails, shopping cart handrails also made the germ list.

8. Only 17% of Americans wash their hands after shaking hands- yet 51% wash them after sneezing or coughing. It's part of the misconception that germs are spread in the air rather than by hand contact.



Bacteria



Statehouse Issues



*By Mark Smith,
State Representative*

Dear Friends at IVH:

I am writing this on a Sunday night after bicycling to Minnesota this past weekend. This bicycle trip gave me the opportunity to see the breadth of the destruction that nature has reeked on Iowa this past month. I went through Parkersburg and saw the profound damage done by the tornado. Lives, homes, and businesses were destroyed in this brief, but powerful storm. All the way between Marshalltown and the Minnesota border, I saw the destruction done by the rains and flooding. I am used to Iowa corn fields being yellow in autumn after the corn has matured and is ready to harvest. I am not used to the corn (the limited amount that is planted) being small and yellow from exposure to too much water.

The worst damage was the tornado damage at Parkersburg. It was sad to see plywood signs marking streets because little else was recognizable. The worst flood damage I saw was in the

area of Cedar Falls next to the Cedar River. There, the whole park area was black with debris left after the waters receded. People were carrying out carpet, plaster board, and other ruined items. What remained were shells of houses that had been their homes. Homes where their children had been raised, where holidays had been celebrated and memories made. Now, they were fighting to keep any sense of the previous life to their home.

People from the Marshalltown area responded to the needs of the people who were affected by the tornadoes and floods. The Iowa Rivers Red Cross sent volunteers, supplies, and people to help. So did area churches, civil groups, and even school children helped out and are still helping out. I was proud that staff and volunteers at IVH collected items as well. Please say thank you to the staff and volunteers for their thoughtfulness.

I continue to have monthly meetings at IVH and the next one is scheduled for July 28 at 9 a.m. in the Malloy LRC. I hope to see you then!



Editorials & Opinions

THIS IS FOR YOU DEAN BROWN

For those who knew Dean he was quite a colorful character. One could always recognize him with his Minnesota Vikings golf hat. He loved sports and enjoyed talking with other people.

It had seemed that Dean's true calling was being a one man advocate against smoking here at IVH. Granted he was a smoker and gave it up. Knowing first hand what the effects of smoking could do to a person, Dean wanted smokers here at IVH to see the consequences and to quit. Yes, he did have the tendency to go overboard. Sadly we lost Dean due to cancer, but that doesn't mean he will be forgotten.



The Minnesota Vikings

FLOODS OF 08

Who would have ever dreamed that the Navy and Coast Guard would ever be in Iowa? The Coast Guard had at least 18 boats. Many dangers lurk underneath the dirty water. Sinkholes are right under the surface ready to trap you when you fall in. People are learning the hard way that you must pump the water out slowly or walls will collapse.

The interesting thing about this flood compared to Katrina is that there has been only one criminal incident which involved a 21 year old man impersonating a national guardsman but he was too stupid to have the right unit patches on and was arrested. During all the stress some tempers flare but for the most it is just getting registered with FEMA and starting life over.

KLW

Editorial disclaimer and policies

The views and opinions set forth in the *IVH Stars & Stripes* are those of its editorial staff, correspondents and contributors. They do not necessarily reflect the official position of the Iowa Veterans Home administration, staff or Resident Council; the State of Iowa and its agencies; or any other veterans' organization. IVH residents and those in its community are encouraged to submit their own articles, stories, announcements and photos. If an article is from the internet, book/magazine or another newspaper, written permission from that source is needed before the article will be re-printed. Submissions become the property of the editorial staff. All letters to the editor must be signed, or they will not be printed. In certain cases, if requested, names may be withheld from publication. Letters must be no more than 350 words in length. Drop boxes for letters are located in Sheeler, Malloy and Dack halls. **We reserve the right to edit letters and all other submissions for length, grammar, factual accuracy, libel and good taste.** Send all correspondence to Ken Wilson, Stars & Stripes Office Dack Hall or to Sue Sumpter, Resident & Family Services, Dack Hall. Submissions also may be sent electronically, via our e-mail address: ivhstarsnstripes@yahoo.com—**Deadline is 21st of each month. Distribution is 28th of each month.**

Parental Quotations From The 50's and 60's

1. Just you wait.
2. Crying won't help.
3. Go ahead and throw your tantrum.
4. Why now?
5. Just you never mind.



A Noteworthy Ad Of Musical Interest..

Don Laughlin wrote a song for this Fall's music festival. Don would like to find someone to sing the song in the program. If you would like to learn the song and audition to sing it, please contact Don on Malloy 2S extension 355 or Kim Marsh at extension 330



HAPPY FATHER'S DAY..

**HERE'S TO THE
FATHER'S OF IVH.
THANKS FOR
TAKING THE
TIME FOR LET-
TING US TO GET
TO KNOW YOU
AND SHOWING
US WHAT IT
MEANS TO BE
CARING AND UN-
DERSTANDING.**



Farmin' Like It Used To Be

By Ken Wilson

WEATHER CONTROLS THE FARM

Farming involves animals, crops or both. Anytime you deal with living things involving weather you take big risks.

With animals, especially pigs, which have no sweat glands, and beef cattle we have the summer heat to deal with. Usually these 2 species are cooled by misting water. In the winter time cattle are threatened by winter blizzards although cattle are smart and rotate into the center of the herd then rotate out giving another cow a chance to get warm. Dairy cattle are practically always housed inside for winter along with pigs.

Milk cows milk production is lessened by the extreme heat. Dairy cows also run a risk, when they stand under a tree to get cool, of getting hit by a lightening strike which is devastating if it is a \$5000 to \$10,000 cow.

The crop end of farming needs adequate moisture but not too much or too little. Like this year it was too much. Rain every day for 7 days then one non rainy day and back to more rains. Plants get cold and roots get water logged. When rains are extreme then corn and beans get washed out of the ground. When it is late in the season corn cannot be re-planted. I once saw, in the 1960's, snow fall in June!! Too much rain washes valu-

able soil away and down to the Mississippi River.

When a drought hits, the plant leaves tend to curl and production drops drastically. With a drought nothing can be done. His farm income is ruined for the year.



Meet The Safety Intern

By Staff Writer

We would like to introduce Jena Schroder a Safety Intern from Iowa State. Jenna is going to be a Junior next fall. She is from Southwest Iowa and was raised on a farm.

She is majoring in Occupational Safety at Iowa State. Jenna is involved with and currently the Vice President of the American Society of Safety Engineers Club. She became interested in Safety when her high school history teacher gave her information on what the major was about. She is having a hard time deciding on what direction she would like to go in her career because Safety is so broad.

Jenna is enjoying her time here and in the next couple of months she hopes to learn as much as she can about the profession.



Tidbits by Marie

By Marie Molloy

A minister was giving a sermon on Dead and Alive. So to add emphasis to his message he used the following demonstration: Four worms were placed into four separate jars. The first worm was put into a container of alcohol. The second worm was put into a container of cigarette smoke. The third worm was put into a container of chocolate syrup. The fourth worm was put into a container of clean soil. At the conclusion of this sermon, the Minister reported the following results: - **The first worm in alcohol—Dead.**



The second worm in cigarette smoke—Dead.



The third worm in chocolate syrup—Dead.



Continued on pg.12

Nutritionally Correct

By Jane Linnenbrink, RD/LD

Is Bottled Water a better choice than tap water?

Bottled water sales have soared in recent years, as people increasingly choose bottled water in place of calorie-laden beverages. Drinking water is certainly to be encouraged, but what type of water is better? The following are factors to consider: **Environment.** Because of the oil it takes to produce and transport the plastic bottles and the waste those bottles leave behind, bottled water is being criticized for its environmental impact.

Safety. A timely issue is the potential risk from a chemical in some plastics called bisphenol A or BPA, which was sparked by a draft report from the U.S. national Toxicity Program. The American Chemistry Council, manufacturers of plastic products, has launched efforts to reinforce the safety of BPA in low doses. Tap water had its own scare recently with the report that pharmaceuticals were found in municipal water supplies. A study by the National Resources Defense Council concluded that bottled water is not safer or healthier than most tap water. Both are equally regulated -EPA regulates tap water while bottled water is regulated by FDA.

Cost. One factor to consider when assessing the difference between tap and bottle water is expense. A New York Times reporter calculated that eight glasses of New York City tap water would

cost about 49 cents per year. Bottled water would be 2,900 times as much as or \$1,400 per year.

Taste. The taste of tap water may differ in various parts of the country. Some people simply prefer the taste of bottled water, or they find themselves drinking more water can encourage greater consumption—a health benefit as long as the flavored waters are not hidden sources of added sugar. Lemon or other flavorings can be added to tap water to enhance its acceptability.

Fluoride. Most bottled waters are not fluoridated like tap water, which is a particular concern for children and teenagers.

Bottom Line: Bottled and tap water are equally safe with similar regulatory oversight. Unless fortified, bottled water offers no significant nutritional advantage and the excessive use may have a negative impact on the environment. On the other hand, the water, typically at the expense of sugary beverages, which is a positive trade-off. This information is provided from the American Dietetic Association.



Poetry Page

Day Is Gone, Night Has Come

By Dale Hermon

There they stand in a long row and
covered in gray.

You can't tell who is which except
by the name engraved on the
stone.

You can't tell what happened or
where except that this is their final
resting place.

The brave boys in blue, gray, olive
drab, or camouflage, we can never
repay them for what they've accom-
plished toward freedom.

Never have so many owed so much,
to so few.

Many a lonely heart has spent a
lonely holiday away from loved ones
so that we could celebrate our free-
doms.

I remember when we lived on 55th
street in Des Moines, IA., and there
would be a funeral for a WWII vet-
eran.

I'd lay down in the line of trees next
to my house, hidden from view.

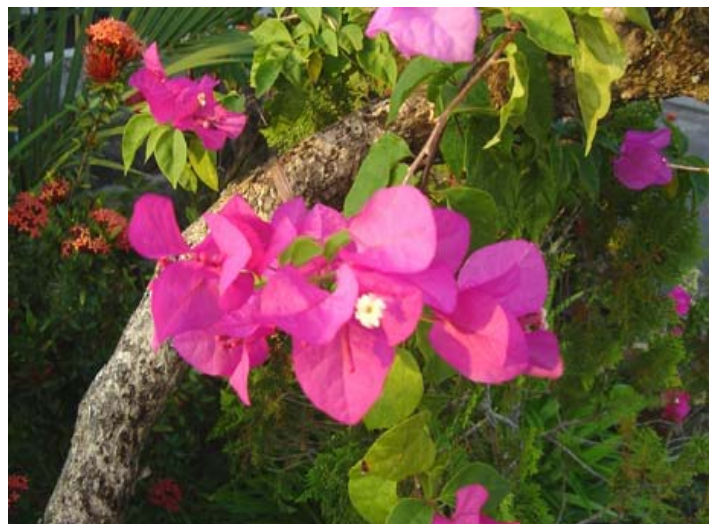
The cemetery was close by and I'd
watch the pomp and circumstance
on display as witness of a veteran's
passing.

I'd listen to the eulogy, watch the
21 -gun salute and finally, here the
echo of taps of fading into the dis-
tance.

AT THE TWILIGHTS LAST
GLEAMING, HEAR THE CALL.

The Things we Take For Granted

The things we take for granted
Would fill a lengthy book
A sunset by the seashore,
The babble of a brook.
Red roses in a garden,
sunflowers growing tall
The majesty of autumn.
When leaves begin to fall.
The budding trees of springtime
When blue skies follow gray
The lullaby of song birds
That welcomes every day.
The miracle of childbirth,
A Mother's whispered prayer
The things we take for granted
Prove the God is there.
..... Clay Harrison



GETTING TO KNOW YOU — OUR STAR VOLUNTEERS —

By Rose Elsbecker

"Getting To Know You" featuring the husband and wife team of Bob and Alice Fitzgerald:

This month we are pleased to introduce to you Bob and Alice Fitzgerald. Bob is a Veteran of WWII himself and a member of both the American Legion and VFW. Alice herself is a well known figure at IVH, having served as an RN at IVH for 22 years. Congratulations. Alice! We're proud and honored to still have you here with us! You've probably seen both Bob and Alice around the grounds quite often. Bob tells us you can find them around most anywhere, most any day of the week, doing whatever is asked of them and just enjoying the time spent together with the residents. Both Bob and Alice enjoy taking trips with the residents.

Alice can also be seen escorting residents around the grounds or working together with them in the Kopper Kettle. Bob tells us that you can always find him there every Tuesday having a great time popping the corn and chatting with the residents. Bob and Alice are on familiar ground when it comes to working with residents at IVH, having grown up in the area and done farming in the area all of

their lives. They will tell you that nothing beats farming and nothing beats an opportunity to spend time with the residents, hearing their stories and having a chance to get to know them better.

Bob says you could find them up there about every day if it weren't for the fact that there were things to be done around the house—like mowing the lawn after all these rains! Thanks again Bob and Alice, for being such good neighbors and for being so generous with your time. We'll look forward to more good times together!



Bob & Alice Fitzgerald

*Tidbits By Marie Continued From
Pg. 8*

The fourth worm in good clean soil— Alive.



So the minister asked the congregation what can you learn from this demonstration? Maxine was sitting in the back, quickly raised her hand and said, **“As long as you drink, smoke, and eat chocolate, you won’t have worms!”** That pretty much ended the service—



A Little Background On JFK..

By Mark Kressig

President John F. Kennedy welcomed 49 Nobel Peace Prize winners to the White House in 1962, saying, “I think this is the most extraordinary collection of talent, of human knowledge that has ever been gathered at the White House, with the possible exception of when Thomas Jefferson dined alone!”





Jane Jech

Iowa House

June 16, 2008

To: Vet's Home Residents
From: Jane Jech
Candidate for State Representative
Marshalltown District #43
Re: Article for Stars 'n Stripes

Last November I announced my intentions to run as a Republican for the position of State Representative for the Marshalltown District. Since that time I have had the privilege of meeting many of you. You are a group of very talented, and interesting people! Here are some of the things I've learned about you:

Larry Gillespie is a patient guy and loyal friend.

Mike Croskey is a very intelligent man!

Penny Bermudez in administration is a smart lady who cares deeply about all of you.

Helen Hurt is someone I've known for 30 years. I've always known she has a great sense of humor but I didn't know she was a poet!

Johnny Johns from Johnston knows everybody and is a willing tour guide.

Trish Weber (a dear friend of mine) works here because she loves the people on her floor like they were her family.

Bob Hutchins is a very spiritual and deep-thinking man. If you ever need someone to pray for you – he is your guy.

Linda Lloyd is a very gifted artist who loves to share her talent with IVH.

Finally, here's some information about me. In the April *Stars 'n Stripes* Mark Smith's trivia question told you about one of our vice presidents named Charles Dawes who wrote the music for "It's All in the Game." He is one of my direct ancestors! Now I know where I get my musical ability! In the next *Stars 'n Stripes* I'll tell you more about the people I meet at IVH and also about how I would like to represent you. Thanks for reading!

Jane Jech
Candidate for State Representative

Chapel Events for July

Videos for July are:

Videos-

Tuesdays at 3:00 pm:

July 1– Continuing the Controversies Series: Abortion

July 8: Wising Up: Applying the Wisdoms of Proverbs to Daily Life-Daily Applied Understanding

July 15: Ethical Reflections on Daily Practice

July 22: What Triggers Foolishness

July 29th: Paradoxes of Daily Encounters

July Activities:

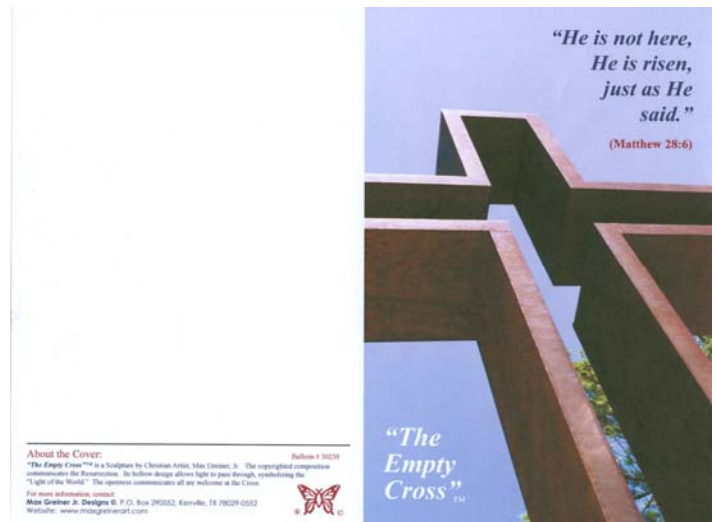
The Quarterly Memorial Service

Is July 21st at 2:30 pm.

July 27, the morning worship will be in the Malloy LRC at 10:00 am.

Remembering the Civil War

Sergeant Major Monte Aman will be there for that.



Midwest Phrases

By Ken Wilson

Midwest phrases are taken from the book: *"HOG ON ICE" By Charles Earle Funk*. This Month's Phrase is: *to keep it under your hat*

One would suppose that this warning would be as old as the first hat, but its actual history appears to have been no earlier than the closing years of the nineteenth century. What is kept under the hat, of course, is retained within the head; that is, it remains secret.



Dear California An Floriday

By Larry Box/Dack 4

I want two tell ya that I wont be a twoarin' your state this year. Excuse me. I had two shut the winder. The boys at the electric coop started up our wind generators. We got a bunch across the road. They do a real good job. Everytime we needed a breeze they start em up an in no time we're all cooled down. We don't run 'em all the time cous' that might cool things down two much. We don't wan to start one of those ice age things. Say maybe Alaka could use a couple of them two cool down those polar bar. Anyway, do to the problem of no desol fuel for mu combined. I can't pick my corn and beans. That means I ain't got corn to make up any gaserhall to make the trip. I don't know if I will make next year either couse with no crop this year. I will need to buy a bigger combine to catchup next year. Sorry again that we can't make it but we'll beable to watch the breeze come and go, on our wind generating towers. We may go see our new beach front here in eastern loway.

I Am going to miss all the orange juice, orange lemons, limes, tomatoe, peppers, shrimp, grapes,

Continued on pg. 16

Improving Your Vocabulary

Do you know the definitions of these words?

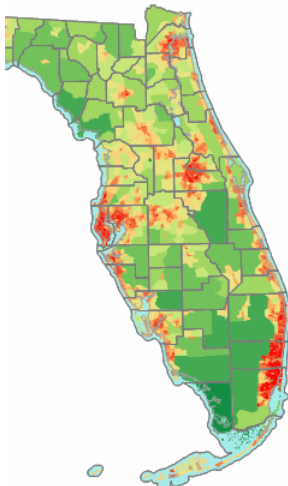
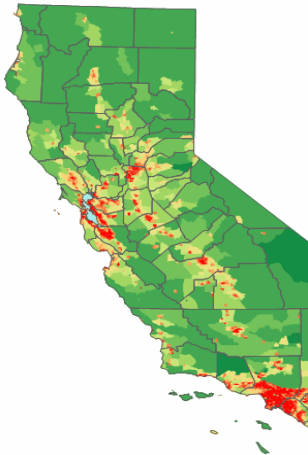
1. Shyster
2. Precedent
3. Apprehension

Answers on back page.

California Continued

lettuces, cabage, and all that other stuff the trucker use to deliever when we had desol fuel. But your goin' ta miss all that corn sweetner, toful, soyoil, corn bread, cornfeed pork meats and beef. Well if you fined any desol fuel bring her over to New Orleans. Those guys got a pipeline right up her to Des Moines. Do you know they never lost any oil during Katrina Amazin' all that wind and water.

****The word's in this story were intentionally misspelled****



Congratulations goes to the following gentlemen on placing in the 2008 National Veterans Creative Arts Festival! There are over 100 veteran's facilities that compete and over 3000 entries in a variety of categories.

2nd place in the Instrumental Solo Broadway division for his beautiful rendition of "Summertime" on his harmonica: **Don Laughlin** from Malloy 2S.

3rd place in the Vocal Group Comedy for their rendition of "Where oh where are you tonight?"

-Bill Eilers from HH

-Steve Julius from L2

-Don Laughlin from 2S

-Keith Williams from HH

Fundraising at IVH

Fundraising at IVH is always a fun time. The "Pie in the Face" (see pictures next page) raised the most funds at \$1,040. Totals for the fundraisers are as follows:

Bake Sale, \$215; Lunch, \$332; Donations, \$835; Nurse Supervisor Jean coupons, \$270. Total money raised: \$2692

Money raised was for the "Relay for Life" American Cancer Society

THE PIE IN THE FACE WINNERS ARE..



PENNY BERMUDEZ BEFORE AND AFTER



**KATIE BAKER PREPARING FOR HER TRUE
CALLING**



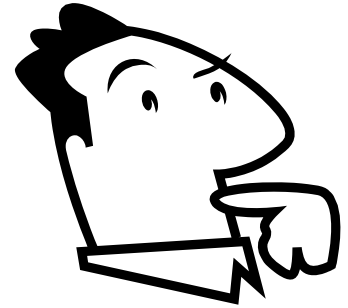
AND LAST IS JULES BURIAN

A FLAG, A WATERFALL, AND MANY FLOWERS HERE AT IVH



Thinking Out Loud

By Ken Wilson



- 1) Did anyone go to Cedar Rapids or Iowa City to help out?
- 2) Once the TV coverage on flooding stops, there will still be dirty work going on clear up to winter and then probably switch to the inside.
- 3) I wonder if any major road repair can be done or if the holes and 20" gaps will just have to be filled with gravel and warning signs placed to warn drivers to slow down.
- 4) I was really sorry to see the historic Czech Village and The African American Museum flooded in Cedar Rapids.
- 5) All the houses must remove dry wall due to mold so I suppose paneling and wall coverings will have to be removed from U of I buildings.
- 6) I wonder if U of I buildings will be ready for the beginning of school.



What's New In The Peterson Library

Books:

Everyday Internet All-In-One Reference
For Dummies : Weverka ,Peter
Battle: Grant, R.G.
Laughter, The Best Medicine: Reader's
Digest Association
Uncle John's Triumphant 20th Anniver-
sary Bathroom Reader
The Adventures of Lewis and Clark
Lewis, Meriwether
A Grand Old Flag: Keim, Kevin P.
Winds of Destiny: Bullock, Jayne
Absolute Friends: Le Carre, John
The Front: Cornwell, Patricia Daniels
Plague Ship: Cussler, Clive
The Spies of Warsaw: Furst, Alan
Love The One You're With: Giffin, Emily
At Home in Milford: Karon, Jan
Fame, Family, Forever, Found, Summer,
Sunrise: Kingsbury, Karen
Heart of Texas Vol.1 and 2: Macomber,
Debbie
Morning Comes Softly: Macomber, Debbie
Blood Brothers: Roberts, Nora
When The Morning Comes: Woodsmall
Cindy
Nate Coffin's Revenge: Butts, J. Lee
(Jimmy Lee)
Long Rope: Coolidge, Dane
Call of The Gun: Dunlap, Phil
The Doublecross Gun: Kane, James
Trailing West: L'Amour, Louis
Marshall of Medicine Lodge: Lynde, Stan
Desert Journey: Paine, Luran
Fearless: Palmer, Diana
Resolution: Parker, Robert B.
The Money Gun: Randisi, Robert J.
Gunsmoke: West, Joseph A.

Movies On VHS:

Anacondas
The Arrival
As Good As It Gets: Andrus, Mark
Back To School: Dangerfield, Rodney
Freedom Band: Gaither, Bill and Gloria
& Their Homecoming Friends
Greedy: Lynn, Jonathan
Happy Gilmore
Hellboy
House of 100 Corpses
The Legends of Comedy
Lethal Weapon
Nutty Professor II: Oedekerk, Steve
The Postman
Tootsie
Virus

CD's

Non- Musical
The Heir: Bradford, Barbara Taylor
Lady Killer: Scottline, Lisa

Music on CD's

Abba Number Ones : Abba
The Best of The Allman Brother-
Band : Allman Brothers Band
America- History : America
Anthology of Bread: Bread
Jackson Browne Solo Acoustic Vol.
2: Jackson Browne
16 Biggest Hits Johnny and June
Carter Cash: Johnny Cash & June
Carter Cash
The Best of Chicago: Chicago
Jim Croce Photographs and Memo-
ries: Jim Croce

The Very Best of The Doobie Brothers:
Doobie Brothers

Tommy Dorsey Collection: Dorsey,
Tommy

The Best of the Song Books: The Ballads:
Fitzgerald, Ella

The Best of Benny Goodman: Goodman,
Benny

Blues to the Bone: James, Etta

Harry James and His Orchestra: James,
Harry

The Sound of Glenn Miller: Miller, Glenn

Willie Nelson 16 Biggest Hits: Nelson,
Willie

Bruce Springsteen MAGIC; Springsteen,
Bruce

Styx– Greatest Hits: Styx

#1 Classics of the 60's 1965-1970

Best of the 70's

Blue Trail of Sorrow: Various

Pure 60's : Various

Sound of Soul: Various

The Best of Three Dog Night: Three Dog
Night



Gerhardt's Laugh Line

A passenger in a taxi leaned over to ask the driver a question and tapped him on the shoulder. The driver screamed, lost control of the cab, nearly hit a bus, drove up over the curb, and stopped just inches from a large plate glass window.

For a few moments everything was silent in the cab, and then the still shaking driver said, "I'm sorry, but you scared the daylights out of me". The frightened passenger apologized to the driver and said he didn't realize a mere tap on the shoulder could frighten him so much. The driver replied "No, no, I'm sorry it's entirely my fault." Today is my first day driving a cab. I've been driving a hearse for the last 25 years.



Well let's see what is happening in the paper today....



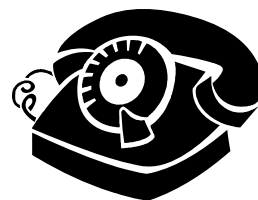
**IF YOU READ
THIS PAPER,
YOU ARE
WELCOME TO
WRITE FOR
THIS PAPER!**

Poems, editorials, informative articles, entertaining articles, and photographs of general interest are all welcome!

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Our Comment Line is 777. Please call us with your comments, ideas or suggestions about the Stars 'N' Stripes. We'd love to hear from you.

For routine office calls, Please use extension 794.



If you wish to be removed from our mailing list or know someone who would like to be added to our mailing list please contact us at 641-752-1501 ext 794 or email us at starsnstripes@yahoo.com

Cartoons and Humor



Now really, do I look the type of animal that would bite someone?

B. Eilers



Well, I won. So Hillary, how about a position as a Cabinet Member when I enter the White House? It pays a great salary if that helps.

B. Eilers



Heck, with all the severe weather we've had who needs an alarm clock. Nowadays all one hears is: Attention, attention we have an severe tornado watch/warning, or having the severe weather radio going: **Beep, Beep, Beep, Ping, ping, ping and so on.**

B. Eilers

Quiet Reflections



Answers to Improving Your Vocabulary

1. An unscrupulous person, especially a lawyer.
2. An action or decision that can be used as an example for a similar decision.
3. A feeling of anxiety or fear that something bad or unpleasant will happen.

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Circulation Manager/Photos/Cartoonist:

Contributing Writers: Ken Wilson, Bill Eilers, Henry Hubbard, Marie Molloy, Rep. Mark Smith, and various IVH staff

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A newspaper is not just for reporting news, it's to get people mad enough to do something about it. -- *Mark Twain*

